



MICRO MOOD-O-MATIC

MOOD TONE GENERATOR



MICRO MOOD-O-MATIC: RELAX is a Mood Tone Generator that emits a low frequency tone associated with the alpha range of human brainwave activity - *wakeful relaxation*. The RELAX Tone – 7.83 cycles per second – is the naturally-occurring frequency of resonance between the Earth’s upper atmosphere and the surface of the planet. This *soothing hum* was the dominant background frequency for all living things until the arrival of the “modern” age, when continuous exposure to high energy electrical and telecommunication signals became the norm.

MICRO MOOD-O-MATIC: RELAX provides peaceful, low-intensity stimulation that can allow the user to remain centered in a positive state of deep relaxation. The effect is similar to playing soothing music in your home to drown out the noise coming from the busy street outside. The noise outside is still present, but your focus is drawn to the calming music. Because the RELAX Tone is well below the range of normal human hearing, it is generated using the exclusive BETAR dual-spin coil antenna rather than an audio speaker. The result is a waveform that may be perceived as a low hum or not at all. Many users simply describe a “wave of calm” settling into the room when their Mood Tone Generator is activated.



INSTRUCTIONS

POWER: This Mood Tone Generator utilizes a standard **nine volt (9) battery** for easy-to-manage portable power. Install the battery by laying the unit with the label side down and the clip side up. Remove the battery chamber cover and insert the battery with the positive tip on the battery



oriented to engage the lower spring clip. Plus (+) and minus (-) signs are molded into the plastic inside the battery chamber to assist in correct alignment of the battery. Replace the battery chamber cover.

ACTIVATE: To activate the Mood Tone Generator, simply turn on the silver toggle switch. Because the RELAX Tone is well below the range of normal human hearing, most users perceive the waveform as a low hum or not at all. However the LED indicator will blink when the unit is turned on and receiving power.



EFFECTIVE RANGE: The Mini Mood-O-Matic has an effective range of approximately 3 feet (1 meter) in any direction. However, because the signal fades as the distance between the emitter and the user increases, keep the device close by for maximum benefit.

MICRO MOOD-O-MATIC: RELAX is intended for use whenever wakeful relaxation is desired.

THE BETAR GUARANTEE

Like all BETAR products, the **MICRO MOOD-O-MATIC: RELAX** is covered by our *100% satisfaction guarantee*. Send your unit back undamaged within 30 days and we will refund your money, no questions asked.

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